

# Thanksgiving Leftovers Meal Plan

7 Days of Budget-Friendly Meals Using What You Already Have

By [SaveEarnMom.com](http://SaveEarnMom.com)

## **Day 1 — Turkey & Vegetable Soup**

Ingredients:

- Shredded turkey
- Carrots, celery, onion
- Chicken broth
- Leftover mashed potatoes

Instructions:

Simmer everything for 20 minutes. Serve with rolls.

## **Day 2 — Turkey Tacos**

Ingredients:

- Shredded turkey
- Taco seasoning
- Black beans or corn

Instructions:

Warm turkey with seasoning + broth. Serve in tortillas.

## **Day 3 — Thanksgiving Pot Pie**

Ingredients:

- Turkey, veggies, gravy
- Mashed potatoes or pie crust

Instructions:

Layer ingredients. Bake 25–30 minutes at 375°F.

## **Day 4 — Stuffing Waffles**

Ingredients:

- Stuffing
- 1 egg

Instructions:

Mix and press in waffle maker. Top with turkey & gravy.

## **Day 5 — Turkey Fried Rice**

Ingredients:

- Veggies, leftover rice, garlic, soy sauce, turkey, eggs

Instructions:

Stir-fry ingredients; scramble eggs and mix in.

## **Day 6 — Cranberry Turkey Salad Wraps**

Ingredients:

- Turkey, cranberry sauce, mayo or yogurt, celery  
Instructions:  
Mix ingredients. Wrap with lettuce.

## **Day 7 — Mashed Potato Patties**

Ingredients:  
- Mashed potatoes, cheese, flour  
Instructions:  
Mix, pan-fry until golden. Serve with veggies or turkey.

### **Budget Tip:**

Freeze leftover turkey early in the week to prevent waste.